



PRE OPERATIVE SURGICAL INSTRUCTION



PLEASE SCAN FOR
THE LOCATION

Aster
HOSPITAL
We'll Treat You Well

Mankhool, Kuwait Road, Al Mankhool - Dubai

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DEPARTMENTS

Accident & Emergency • Anesthesiology • Cardiology • Clinical Nutrition
Dental Centre • Dermatology • ENT • General Surgery • Insurance
Internal Medicine • Laboratory Services • Neurosurgery • Ophthalmology
Obstetrics & Gynaecology • Orthopedics • Patient Affairs

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DIGITAL VERSION

WHAT IS PRE-ANESTHESIA CHECK - UP (PAC)?

- You will have a physical examination

PRE-ANESTHESIA CLINIC APPOINTMENTS

- Pre-anesthesia clinic is a schedule clinic from.....during the hospital working hours
- Please discuss with your anesthetist if you are taking any medication
- Please bring all the medication that you are on along the packaging to identify the drug name and dosage
- Please bring the laboratory reports, cardiology reports, radiology reports and consultation reports if any

PRE-ANESTHESIA TEST (will be arranged by the anesthetist if necessary):

- Laboratory tests
- Vital signs (blood pressure, pulse, height and weight)
- Cardiac evaluation

PREOPERATIVE INSTRUCTIONS

- Do not eat any food or drink any liquids at least 6-8 hours prior to surgery
- Do not wear makeup or nail polish
- Do not apply anybody lotions, cream or talcum powder to your skin after showering
- Do not wear contact lenses on the day of your surgery, you can wear your glasses
- Do not wear any type of jewelry as body piercing
- Do not smoke before your surgery

- Do not bring any valuable to the hospital
- Do not mark the surgical site. Your surgeon will mark the site according to international protocols
- A written consent will be taken from you explaining the risks, benefits and potential complications about the surgery by your concerned surgeon.
- Do not shave the surgical site
- Please bring all relevant X-rays, CT,MRI, Ultrasound, Laboratory & referral reports if you have any
- Please bring any crutches, slings or braces that you have at home if they will be needed after surgery
- Please use skin preparation wipes as instructed(if a sensitivity to the wipes do not use e.g.: redness, itching, etc.)
- Please bring all medications in their original packaging that you are on to the hospital on the day of surgery

ADMISSION FOR SURGERY

- One person should accompany the patient from the time of admission
- Please arrive at least 2 hours before the start of surgery
- Report to the billing desk the hospital staff will escort you further
- If you have to stay overnight, you will be allotted a room in the ward after surgery (one family member is allowed to stay)
- Specific preoperative orders will be carried out by the nurse as prescribed by your physician
- Post-surgery you will be shifted to the recovery room to recover from anesthesia

- For your wellbeing, family members are not allowed into the recovery room
- Please bring your.....ID & Insurance card
- If you are on Tourist or Visit visa, please carry your passport copy

OTHER INFORMATION

- Every inpatient room has a private bathroom. Towels and toiletries will be provided
- Every room has satellite television and a small fridge
- Internet access with WIFI is available, you can bring your laptop if you wish
- One relative or friend can stay in the room overnight
- Only eligible sick will be issued, and backdated sick leaves cannot be provided.
- If the patient is shifted to the ICU in any unforeseen circumstance, the inpatient room has to be vacated
- You will be provided with instructions regarding medication, diet, activities, wound dressing, sick leave and follow-up visits on the day of your discharge by the ward nurse
- You should not drive a car, operate dangerous equipment or consume alcohol for 24 hours after anesthesia

CANCELLATIONS

- If for any reason you wish to cancel your surgery please call us at least a week before the surgery or as early as possible, so that we can accommodate another patient
- If you are unwell or have a fever the day

before or day of your surgery, please contact hospital on to discuss your options

