



HYDROCELECTOMY

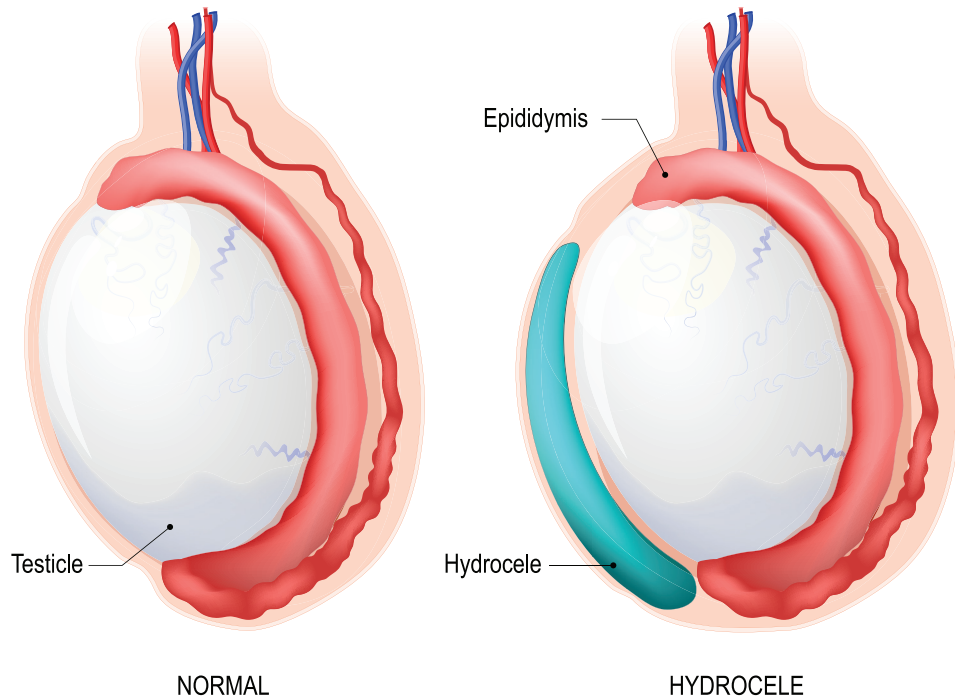
Aster
HOSPITAL

We'll Treat You Well



Digital Version

HYDROCELE



HOW DO I CARE MYSELF AT HOME?

ACTIVITY

You may resume most of your normal activities, as soon as you feel well for the first 6 weeks however you must be careful with some activities.

- Avoid Heavy lifting more than 10lbs or 5kilogram.
- Avoid strenuous Exercises.
- Avoid Swimming for 6 weeks.
- Do not strain when you are having bowel movement.
- You can take a shower 48hours after Surgery.

DIET

- There are no specific dietary restrictions associated with this surgery you can eat your normal diet.
- Drink plenty of fluids(unless your doctor tells you not to).

WOUND CARE

- Dressing can remove after 2 days pat the area dry & cover the incision again with clean gauze.
- Keep the wound clean by always wearing clean Underwear.
- Wear scrotal support for 2 weeks.

DISCHARGE MEDICINE & FOLLOWUP

- Continue the medicine as advised by the doctor.
- Follow-up in the Clinic with discharge summary as instructed by your doctor.

WHEN TO OBTAIN URGENT CARE

- Notify your doctor or come to the emergency department of the hospital.
- In case of lot of pain that does not go away after you take pain medicines.
- Bleeding from the surgical site.
- Fever above 101°F.
- Any signs of infection such as swelling, redness, warmth.
- Pus draining from the incision.



PLEASE SCAN FOR
THE LOCATION

Aster HOSPITAL

We'll Treat You Well

Mankhool, Kuwait Road, Al Mankhool - Dubai

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