

# SMOKE FREE HOSPITAL



**Aster**  
**HOSPITAL**

We'll Treat You Well



Digital Version



#### **WE'RE SMOKE FREE**

Our facility is smoke-free. Patients, visitors, and staff are not permitted to smoke anywhere on our hospital and community premises including the grounds and gardens.

#### **WHY HAVE WE DONE THIS?**

This is to ensure that we promote healthy behaviors and minimize the risk of harm to others from passive smoking.

This policy is in line with <TO HAVE RESPECTIVE STATE/COUNTRY LAW REFERENCE>

Smoking is the main cause of preventable illness and premature death across globe. It causes a wide range of diseases and medical conditions, including cancers, respiratory diseases, coronary heart disease, impotence, and infertility.

Smoking can also be the major cause of fire in healthcare facilities. Hence, Health & Safety Department requests you to strictly follow the "No Smoking" policy.

#### **WHAT DOES THIS MEAN FOR ME?**

If you are having a planned admission, the best thing you can do is contact your physician for advice and if needed you may ask for Nicotine Replacement Therapy (NRT) to use during your hospital stay. This will mean that you won't crave for cigarettes during your stay and you can start using the product before you arrive if you wish.

In some circumstances where it is deemed necessary for the patients to smoke, in that case, a responsible physician/designee will decide on alternatives like Nicotine replacement Therapy Narcotic patches/chewing gum. If the Patient/ family member could not resist the addiction, our hospital does have a protocol to be followed under such circumstances. In this case you will be advised to approach the duty manager/a responsible physician or his/her designee/security staff.



PLEASE SCAN FOR  
THE LOCATION

# Aster HOSPITAL

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Mankhool, Kuwait Road, Al Mankhool - Dubai

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## DEPARTMENTS

Accident & Emergency • Anesthesiology • Cardiology • Clinical Nutrition  
Dental Centre • Dermatology • ENT • General Surgery • Insurance  
Internal Medicine • Laboratory Services • Neurosurgery • Ophthalmology  
Obstetrics & Gynaecology • Orthopedics • Patient Affairs