



ANTIBIOTICS AREN'T ALWAYS THE ANSWER

Aster
HOSPITAL

We'll Treat You Well



Digital Version



Misuse of ANTIBIOTICS puts us all at risk. Taking antibiotics when you don't need them speeds up antibiotic resistance. Antibiotic resistant infections are more complex and harder to treat. They can affect anyone, of any age, in any country. Always seek the advice of a healthcare professional before taking antibiotics.

WHY IS IT IMPORTANT TO BE AWARE OF ANTIBIOTICS?

Antibiotics save lives. When a patient needs antibiotics, the benefits outweigh the risks of side effects or antibiotic resistance. When antibiotics aren't needed, they won't help you, and the side effects could still hurt you.

WHAT DO ANTIBIOTICS TREAT?

Antibiotics are only needed for treating certain infections caused by bacteria. Antibiotics are critical tools for treating common infections, such as pneumonia, and for life-threatening conditions

including sepsis, the body's extreme response to an infection.

WHAT DON'T ANTIBIOTICS TREAT?

Antibiotics do not work on viruses, such as colds, COVID19 and flu, or runny noses, even if the mucus is thick, yellow, or green. Antibiotics also won't help some common bacterial infections including most cases of bronchitis, many sinus infections, and some ear infections.

WHAT IS ANTIBIOTIC RESISTANCE?

- Antibiotic resistance does not mean the body is becoming resistant to antibiotics; it is that bacteria have become resistant to the antibiotics designed to kill them.
- When bacteria become resistant, antibiotics cannot fight them, and the bacteria multiply.
- Some resistant bacteria can be harder to treat and can spread to other people.

WHAT IS THE RIGHT WAY TO TAKE ANTIBIOTICS?

ALWAYS take your antibiotics exactly as prescribed by your doctor. Do not buy or use antibiotics without first seeing your doctor and getting a proper prescription.

ALWAYS finish the full course of antibiotics, even if you start to feel better.

ALWAYS ask your doctor if you have any questions or if you experience side effects that make you want to stop taking them.

NEVER skip doses (e.g., taking the drug once a day when the doctor has prescribed 2 or 3 times a day).

NEVER take antibiotics when they are not needed (e.g., to treat coughs or colds caused by a virus).

NEVER take antibiotics that were prescribed for someone else, or that were left over from a previous prescription.

HOW CAN I STAY HEALTHY?

You can stay healthy and keep others healthy by:

- Cleaning hands
- Covering coughs
- Staying home when sick
- Getting recommended vaccines, for the flu, COVID19 and other vaccines.
- Talk to your doctor or nurse about steps you can take to prevent infections in your diseases condition.

For more details visit:

www.cdc.gov/antibiotic-use





PLEASE SCAN FOR
THE LOCATION

Aster HOSPITAL

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