



# BASIC INSTRUCTIONS FOR IUCD INSERTION AND REMOVAL

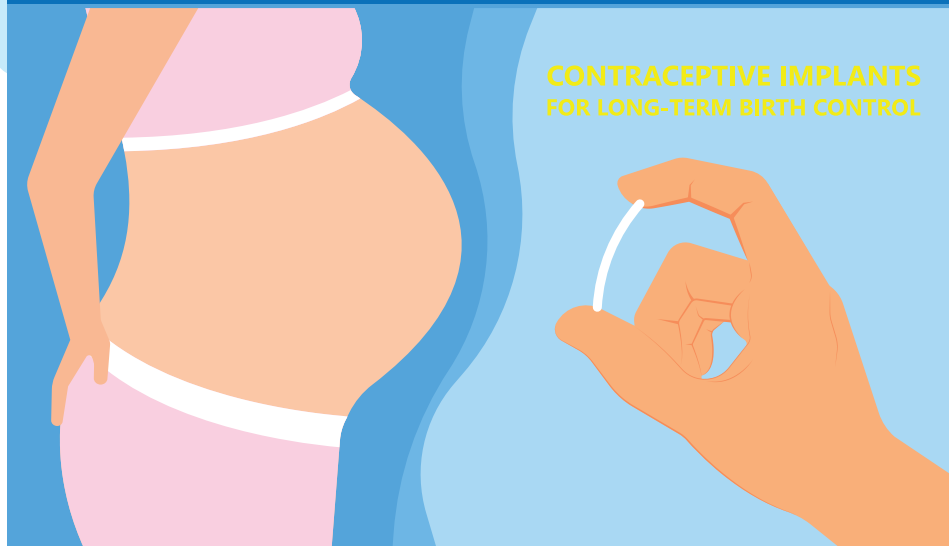


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Digital Version



#### IUCD INSERTION INSTRUCTIONS

- You should take the appointment after the periods (Usually within 5 to 7 days post onset of menstrual cycle)
- If you do not get periods or have irregular periods, you can insert an IUCD with a confirmed negative pregnancy test.
- Fasting is not required.
- No premedication is required.
- You need to sign the informed consent for the procedure.
- You should empty your bladder before the procedure.
- You may experience cramping pain and spotting for 1-2 days after the procedure.
- There is no rest is required following the procedure.
- You will need to come after one month to check the status of the IUCD.
- You should meet the Doctor once in six months for follow up, subsequently.

#### IUCD REMOVAL INSTRUCTIONS

- You should avoid sex at least one week prior to the procedure. This will lower the chances of conception during fertile days.
- No fasting is required for IUCD removal.
- No rest is required following the procedure.
- There will be slight spotting after the procedure which is normal.
- There may be some changes in the period, which depends upon the type of IUCD device that you had.
- This procedure is completely risk-free and painless.





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THE LOCATION

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